



WHITE LOTUS HAVEN ZEN
of CONNECTICUT

2026 CALENDAR

SUNDAY: ZEN PRACTICE SERVICE

TUESDAYS: PM GROUP MEDITATION

EVENTS ARE NOTED IN GREEN

JANUARY

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY

S	M	T	W	T	F	S
				1	2	3
				4	5	6
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

MARCH

S	M	T	W	T	F	S
				1	2	3
				4	5	6
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL

S	M	T	W	T	F	S
				1	2	3
				4		
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY

S	M	T	W	T	F	S
				1	2	
				3	4	5
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

JUNE

S	M	T	W	T	F	S
				1	2	3
				4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

JULY

S	M	T	W	T	F	S
				1	2	3
				4		
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

AUGUST

S	M	T	W	T	F	S
				1		
				2	3	4
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31	25	26	27	28	29

SEPTEMBER

S	M	T	W	T	F	S
				1	2	3
				4	5	6
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

OCTOBER

S	M	T	W	T	F	S
				1	2	3
				4		
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

NOVEMBER

S	M	T	W	T	F	S
				1	2	3
				3	4	5
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

DECEMBER

S	M	T	W	T	F	S
				1	2	3
				4	5	6
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

*NOTE: Calendar is subject to change. Additional events and invitations may arise throughout the year. Weather Events: Watch WFSB Channel 3 news, WLHZ Facebook page and email updates for cancellations.



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of CONNECTICUT

2026 CALENDAR

EVENT HIGHLIGHTS

Regular Sunday practice and Tuesday night Darmha Group will run every week unless otherwise noted by the Abbot or Admin.

JANUARY

Sunday, January 4th - Uposatha

JULY

Saturday, July 18th - Community Pet Blessing

Sunday, July 26th - Uposatha

FEBRUARY

Sunday, February 1st - Uposatha

Sunday, February 15th - Kwanseumbosal

AUGUST

Saturday, August 8th - SUMMER DAY RETREAT

Sunday, August 23rd - Jijangbosal

Sunday, August 30th - Uposatha

MARCH

Sunday, March 1st - Uposatha

Saturday, March 21st - SPRING DAY RETREAT

SEPTEMBER

September 18th-20th - WEEKEND RETREAT

Sunday, September 27th - Uposatha

APRIL

Sunday, April 5th - Uposatha

Saturday, April 18th - EARTH PICK UP DAY

OCTOBER

Sunday, October 4th - Yaksayeorebul

Sunday, October 25th - ULLAMBANA MEMORIAL

MAY

Sunday, May 3rd - Buddha Day Celebration

Sunday, May 31st - Uposatha

NOVEMBER

Sunday, November 1st - Bodhidharma

Sunday, November 15th - WLHZ THANKSGIVING

Sunday, November 22nd - Uposatha

JUNE

Sunday, June 14th - Blessing Families

Sunday, June 28th - Uposatha

DECEMBER

Sunday, December 13th - 108 BOWS OF RENEWAL

Sunday, December 20th - Uposatha

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